

“I’m Too Tired”
UnStuck - Part 3 of 8
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The reason we get stuck is not usually because of the size of the challenge on the outside of us, but more because of the size of the challenge on the inside of us.

3 things that can help battle “I’m Too Tired”:

1. Help from Christ.

Matthew 11:28-30, Galatians 6:2

Jesus is offering 2 tools to add to our capacity:

- A yoke for your weakness
- A cart for your burdens

2. Prepare like Christ.

Matthew 26:40-41

**Too tired doesn’t mean that you can’t stay awake another minute.
It means you don’t see the reason to.**

3. Persevere like Christ.

Hebrews 12:2-3, Hebrews 10:36-39

Isaiah 40:31

³¹ But, they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. ESV

Next Steps:

- Memorize:** Isaiah 40:31
- TEAM UP WITH US:**
 - Attend an Exploring Ridgeview Preview Class! Next class is July 10th.
 - Sign up to volunteer!
 - Sign up for meetups!