

“It’s Too Hard”
UnStuck - Part 2 of 8
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Here are the 6 common lies we’re looking at:

- It’s too hard!
- I’m too tired! June 26th
- It’s not what I want! July 3rd
- It’s not fair! July 10th
- I’m the only one! July 17th
- It’s not worth it! July 24th

These lies are usually subtle and make sense to us.

It’s too hard!

Deuteronomy 31:5-6

Hebrews 13:5-6

Joshua 1:9

Philippians 4:6-7

The hard stuff in life are the tunnels needed to mine the Gold of Faith.

How do we develop faith in the middle of the hard things?

Faith = Trust and Obey

God sees our potential and helps us grow into it as we trust and obey.

Trust: Surrender Control

The three questions that keep us stuck:

Why? (Victim Thinking)

- Why is this happening?

Who?

- Who is to blame?

How?

- How can I save me?

Obey: step by step

The one Question that gets us moving:

What is the next step?

When it seems like life is too hard, we can get UnStuck if we:

- Isolate the thought and tell yourself the truth (identify the lie)
- Refuse to cave into the discouragement that follows the thoughts (Joshua 1:9)
- Ask God for help (Joshua 1:9, Isaiah 41:10 - He is right there with you)
- Resolve to do what you can to move toward the goal (Joshua 1:8-9, strength and courage)

Jeremiah 32:17

'Ah, Lord God! It is you who have made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you.

Next Steps:

- Memorize Jeremiah 32:17
- Read Judges 6-8 (The Full Story of Gideon)